

NYU WOMEN'S HEALTH STUDY FOLLOW-UP QUESTIONNAIRE

1. Below is your name, address and telephone number as it appears in our records. Please print corrections if necessary in the spaces provided.

Name _____
 Maiden name _____
 Address _____ Apt.# _____

 Phone
 (____) _____ (home)
 (____) _____ (work)
 Husband's name _____

When is the best time to call you? _____

2. When you enrolled in our study you gave the names of the following two people whom we could write to if we were unable to contact you. Please correct this information if needed, or provide new names and addresses. (At least one address should be *different* from yours).

Name _____
 Address _____ Apt.# _____

 Telephone (____) _____
 Name _____
 Address _____ Apt.# _____

 Telephone (____) _____

3. Have you ever had any of the following conditions? (IF YES, please give the date of diagnosis or surgery. If you had the condition *more than once*, please list *all* dates.)

	No	Yes		Month	Year
3a. Breast cancer?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of diagnosis: 1.	19____
				2.	19____
3b. Cancer of the uterus (womb)?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of diagnosis:	19____
3c. Cancer of the ovary?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of diagnosis:	19____
3d. Colon or rectum cancer?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of diagnosis: 1.	19____
				2.	19____
3e. Other cancer?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of diagnosis: 1.	19____
			→	2.	19____
			→	Type of cancer: 1.	_____
			→	2.	_____
3f. Hysterectomy (uterus removed)?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of surgery:	19____
3g. Gall stones?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of diagnosis:	19____
3h. Bone fracture since age 35?	<input type="checkbox"/>	<input type="checkbox"/>	→	Date of fracture: 1.	19____
			→	2.	19____
			→	Which bone? 1.	_____
			→	2.	_____

4. **Did a doctor ever tell you that you had any of the medical problems listed below?**
 (IF YES, when was the *first* time a doctor told you that you had this problem?)

- | | | | | |
|--|--------------------------|--------------------------|-------------------------|------------|
| 4a. Heart attack or myocardial infarction? | No | Yes | | |
| | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |
| 4b. Angina? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |
| 4c. Heart palpitations or arrhythmia? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |
| 4d. Heart failure? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |
| 4e. Other heart problem?
(Please list all other conditions) | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 1. 19 ____ |
| | | | | 2. 19 ____ |
| | | | → What problem? 1. | _____ |
| | | | | 2. _____ |
| 4f. Stroke? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |
| 4g. TIA (small stroke)? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |
| 4h. High blood pressure? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |
| 4i. Diabetes (sugar disease)? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first diagnosed: | 19 ____ |

5. **Did you ever go through any of the following procedures?**
 (IF YES, when did you *first* go through this procedure?)

- | | | | | | |
|-----------------------------------|--------------------------|--------------------------|--------------------|-------|---------|
| | No | Yes | | Month | Year |
| 5a. Coronary Bypass surgery? | <input type="checkbox"/> | <input type="checkbox"/> | → Date first done: | _____ | 19 ____ |
| 5b. Balloon or other angioplasty? | <input type="checkbox"/> | <input type="checkbox"/> | → Date first done: | _____ | 19 ____ |
| 5c. Pacemaker insertion? | <input type="checkbox"/> | <input type="checkbox"/> | → Date first done: | _____ | 19 ____ |
| 5d. Other heart surgery? | <input type="checkbox"/> | <input type="checkbox"/> | → Date first done: | _____ | 19 ____ |
| | | | → Type of surgery: | _____ | |

6. **Have you ever taken any of the following medicines?**
 (IF YES, when did you *first* start taking this medicine?)

- | | | | | |
|---|--------------------------|--------------------------|---------------------|------------|
| 6a. Pill under the tongue or nitroglycerin? | No | Yes | | |
| | <input type="checkbox"/> | <input type="checkbox"/> | → Year first taken: | 19 ____ |
| 6b. Nitroglycerin patch? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first used: | 19 ____ |
| 6c. Blood pressure medicine? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first taken: | 19 ____ |
| 6d. Medicine to lower your cholesterol? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first taken: | 19 ____ |
| 6e. Other heart medicine? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first taken: | 1. 19 ____ |
| | | | | 2. 19 ____ |
| | | | → What medicine? 1. | _____ |
| | | | | 2. _____ |
| 6f. Insulin? | <input type="checkbox"/> | <input type="checkbox"/> | → Year first used: | 19 ____ |

7. **Have you ever had an ovary removed?** (This can be done either as a separate procedure or at the same time as a hysterectomy.) No Yes Not sure

IF NO OR NOT SURE, GO TO QUESTION 8.

IF YES:

- 7a. Have both your ovaries been removed completely? No Yes Not sure
- 7b. When was the *last* time you had surgery on your ovaries? 19____ (year)

8. **Have you ever taken female hormones for reasons related to menopause, such as hot flashes?** (Exclude hormones taken for infertility or irregular periods.) No Yes Not sure

IF NO OR NOT SURE, GO TO QUESTION 9.

IF YES:

- 8a. How old were you when you *first* took female hormones for menopause? _____ (age)
- 8b. Altogether, for about how many years did you take hormones for menopause? _____ (# of years)
- 8c. Are you still taking hormones for menopause? No Yes
- IF NO LONGER TAKING HORMONES:**
- 8d. How old were you when you *last* took hormones for menopause? _____ (age)

9. **Have you ever taken birth control pills for any reason?** No Yes

IF NO, GO TO QUESTION 10.

IF YES:

- 9a. How old were you when you *first* took birth control pills? _____ (age)
- 9b. Altogether, for about how many years did you take birth control pills? _____ (# of years)
- 9c. Are you still taking birth control pills? No Yes
- IF NO LONGER TAKING BIRTH CONTROL PILLS:**
- 9d. How old were you when you *last* took birth control pills? _____ (age)

10. **Have you ever been pregnant for a full term (7 months or longer)?** (Please include stillbirths.) No Yes

IF NO, GO TO QUESTION 11.

IF YES:

- 10a. Including stillbirths, how many full-term pregnancies have you had? _____ (# full-term)
- 10b. How old were you at the end of your *first* full-term pregnancy? _____ (age)

11. Have you taken aspirin three or more times per week for a period of six months or longer? (Include Anacin, Bufferin, Alka Seltzer and other drugs which contain aspirin.) No Yes

IF NO, GO TO QUESTION 12.

IF YES:

11a. How old were you when you started taking aspirin 3 or more times per week? _____ (age)	
11b. For about how many years did you take aspirin 3 or more times per week? _____ (# of years)	
11c. Are you still taking aspirin 3 or more times per week? No <input type="checkbox"/> Yes <input type="checkbox"/>	
IF NO LONGER TAKING ASPIRIN:	
11d. How old were you when you stopped taking aspirin 3 or more times per week? _____ (age)	

12. Have you had at least one menstrual period in the past six months? (Do not count bleeding which was brought on by hormones.) No Yes

13. What was the date of your last menstrual period? _____ 19_____
(If you don't remember the month, just write the year.) (month) (year)

14. Do you currently smoke cigarettes? No Yes

15. How much do you currently weigh? _____ pounds

16. Did either of your parents ever have a heart attack?

- 16a. Father? No Yes Not sure
16b. Mother? No Yes Not sure

17. ABOUT TEN YEARS AGO, approximately how many cans or bottles of beer did you usually drink in a week? (If less than one, write '0'.) _____
(# of cans/bottles per week)

18. ABOUT TEN YEARS AGO, approximately how many 4-ounce glasses of wine did you usually drink in a week? (If less than one, write '0'.) _____
(# of 4-oz glasses per week)

19. ABOUT TEN YEARS AGO, approximately how many 1-ounce glasses (shots) of liquor, either straight or in a mixed drink, did you usually drink in a week? (If less than one, write '0'.) _____
(# of 1-oz glasses per week)

20. ABOUT TEN YEARS AGO, about how much did you usually walk outdoors in a week (including walking to work)? (If you are not quite sure, please try to estimate.) _____ miles OR _____ blocks OR _____ minutes (per week)

21. ABOUT TEN YEARS AGO, about how many FLIGHTS of stairs (not individual steps) did you usually climb up in a week? _____
(# of flights per week)